

Options

# CJHS Grade 7 & 8 Registration form

Student Name (legal first and last name): \_\_\_\_\_  
 Grade Level: \_\_\_\_\_

Instructions on how to register:  
 We are having a parent night Tuesday May 21st at 7:00 pm in the library at CJHS. You may turn this form in at the meeting if you choose to attend  
 Indicate your top 4 choices your child would like for each hexmster by placing a checkmark in the box to the left of the course  
 Band will be on Tuesday/Thursday all year long. Students will be able to take other options on the Monday/Wednesday as indicated by the \*  
 If you choose band, indicate 4 other choices of classes marked with an \* for your Mon/Wed class  
 Scheduling happens in order of returned forms. Any student taking Band is automatically moved to the front of the pile  
 \*\*If taking Band, fees for other courses will be half of what is indicated  
 Each hexmster lasts 6 weeks and we do not do schedule changes during the school year. Choose wisely

	Hexmester 1	Hexmester 2	Hexmester 3	Hexmester 4	Hexmester 5	Hexmester 6
<b>Fine Arts</b>	Mural Design \$0	General Art \$15 Photoshop \$0 Pop 'N Rock* \$10 Ukulele* \$25	Beading 7* \$5 Pop 'N Rock* \$10 Set Design* \$0 Ukulele* \$25	DIY Art* \$5 Pop 'N Rock* \$10 Ukulele* \$25 Wood Carving* \$10	First Nation Art* \$10 Pop 'N Rock* \$10 Ukulele* \$25	Beading 8* \$5 General Art* \$15
<b>Athletics</b>	Baseball/Softball* \$5 Volleyball* \$0	Basketball 7/8* \$0 JUMP!* \$0 Yoga* \$0	Basketball 6/7* \$0 Boys Fitness* \$5	JUMP!* \$0 Pickleball/Badminton \$0	Dance Fitness* \$0 Hockey* \$0	Baseball/Softball* \$5 Golf & Flag Football* \$0 Lifetime Sports* \$0 Yoga* \$0
<b>Humanities</b>	Blackfoot 8* \$0 Cultural Foods \$15 Independent Study* \$0	Independent Study* \$0	Film Studies* \$0 French* \$5 Independent Study* \$0	Film Studies* \$0 Independent Study* \$0 Native Culture 7* \$0 Sign Language \$0	Blackfoot 7* \$0 Spanish \$5 Independent Study* \$0	Independent Study* \$0 Native Culture 8* \$0
<b>Life Skills</b>	Cardboard Boat* \$10 Hunter Education \$25 Knife Making \$25 Sewing 7/8* \$15	Leatherworking* \$20 Outdoor Ed \$10 Wood Shop 8 \$20 Sewing 7/8* \$15	Board Games* \$0 Cosmetology* \$10 Foods 7/8* \$20 Small Engine 8 \$10	Cosmetology* \$10 Fancy Skirts* \$20 Science Exploration \$15 Wood Shop 7 \$20	Board Games* \$0 Crocheting \$5 Cubing & Stacking* \$5 Fancy Shawis* \$25 Financial Literacy* \$0 Foods 7/8* \$20	Fly Tying & Fishing* \$10 Gardening* \$15 Ranch & Farm Skills \$0 Shop for BAND kids \$15
<b>Misc</b>	Library Skills* \$0	Library Skills* \$0	Library Skills* \$0	Library Skills* \$0	Library Skills* \$0 Yearbook creation (Two hexmesters)	Library Skills* \$0 Yearbook creation (Two hexmesters)

\*\*Independent study must have application form filled out for approval

Parent name (please print): \_\_\_\_\_  
 If your child is taking band please indicate their instrument: \_\_\_\_\_

Parent signature: \_\_\_\_\_  
 (by signing this form you are agreeing to pay the fees for courses your child is registered into)

Parent/Guardian email address: \_\_\_\_\_  
 (This email address is where our weekly emails will be sent next year. Please make sure it is an email that is checked frequently.)



# Cardston Junior High School

Box 130 (430 - 5 Ave. E.)  
Cardston, AB T0K 0K0

**Principal:** Jeremy Payne, M.Ed.  
**Vice Principal:** Candace Atwood, M.Ed.

**Vice Principal:** Jennifer Scout, M. Ed.

**School Website:** <http://www.cjhs.westwind.ab.ca>

## Business Club Application 2019-2020

### Personal Information:

Last Name		First Name		Grade
Birth Date (MM/DD/YYYY)	Phone Number:		Postal Code	
Address			Town/City	

### Jobs available:

- Office Helpers
  - These students run the office at lunch time. You will be responsible for **answering phones** and **taking messages**. Secretaries choose who the office helpers are.
  - Office helpers are paid \$20 per year for helping in the office.
- Concession Sales
  - Students will be grouped into teams and will work on the same day each week to **sell concessions** at lunch as well as **clean up** when concession sales are over.
  - You will be required to find your own sub if you are not at school.
  - Concession Sales workers are paid \$20 per year for working in concession.
    - Workers will sign in each day they work and will be paid accordingly.
- Stocking Concession
  - Concession sales members will be asked to stock the concession for a hexmester during DEAR or during period 7.

Any grade 7-8 student may apply to be in the Business Club. Priority will be given to Grade 8 students. All students in the Business Club will receive \$20 per job they are hired for (payment will be decreased if they miss work days) as well as a year end party.

To apply to be part of the Business Club please indicate what you are interested in:

I am interested in applying for the following job(s):

Office Helpers

Concession Sales & Stocking

If stocking has to happen during option block which hexmester would you pick? \_\_\_\_\_

# Independent Study Application (Grade 7 & 8)

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

The purpose of Independent Studies is to allow students to explore and learn about an area of interest that may not be offered by the school. This is a self directed learning experience and requires students to be focused and self monitoring.

By filling out this form you are submitting a proposal to Mrs. Atwood to consider when scheduling options. Your teachers from the 2018-2019 school year will be consulted to see if they feel this would be a good fit and learning environment fo you.

If you are approved, you will sit down with Mrs. Atwood and make a full plan for each area listed below. Goals and due dates will be created and set to help you demonstrate your progress. This proposal paper is for you to outline your ideas to be considered for approval.

Topic I would like to learn about:

---

---

I would like to do this in Hexmester \_\_\_\_\_

Describe how you would learn about this topic:

---

---

---

---

---

---

---

---

Describe how you will demonstrate your learning on this topic:

---

---

---

---

---

---

---

---



# CARDSTON JUNIOR HIGH SCHOOL

Box 130 (430 – 5 Ave E.)  
Cardston, AB, T0K-0K0

**Principal:** Jeremy Payne, M. Ed.  
**Vice Principal:** Candace Atwood, M. Ed.  
**Vice Principal:** Jennifer Scout, M. Ed.  
**Website:** [cjhs.westwind.ab.ca](http://cjhs.westwind.ab.ca)

May 21, 2019

Dear Parents and Guardians

We would like to welcome your students to the Cardston Junior High School and tell you a little about our school. At our school we value every student and believe they should be treated with kindness and respect. We believe that for students to succeed they need to be at school without interruption to their studies.

For the last few years CJHS has had a focus on Numeracy and Literacy skills. Our goal is that all students will go to the high school with the skills they need to be successful there. In order to support these areas all students have a repeat Math block, a DEAR (drop everything and read) block and repeat LA block. The repeat Math block will group students into classrooms taught by one of the math teachers and they will focus on specific skills needed in various mathematical areas. The repeat LA block is attached to their regular LA class and allows LA teachers more time to cover their curriculum and longer blocks for writing and reading. DEAR is an uninterrupted 28 minutes where students are expected to read novels of their choice.

Another way we are focus on improving literacy skills is through LLI reading groups (Leveled Literacy Intervention). Through assessments given by the LA teachers, students may be grouped into small groups that will meet together each day for one period to focus on reading and comprehension skills. This group will meet when students have Social or Science and students placed in these groups will have a goal set for improvement and will stay in the group until that goal is met.

If students are placed in an LLI group it is important they are at school every day and work hard in class to improve on literacy skills that will allow them to be more successful in all other subject areas. If you feel that an LLI group would be beneficial for your student please call the office (403-653-4958) prior to June 10th and share with the secretaries that you would like your child **considered** for one of the LLI groups or email [candace.atwood@westwind.ab.ca](mailto:candace.atwood@westwind.ab.ca). Please note we only have so many spots available and teachers will use various collected data to create these groups.

Other items you need to know:

**Attendance:**

Attendance is critical to student success at Jr. High. When students miss school they are missing key concepts being taught and more often than naught it cannot be caught up at home. The discussion in class is usually more important than the worksheet or assignment given for students to develop understanding.

## **Weekly emails and Communication**

Every Monday there is a weekly email sent for each grade level. This email includes upcoming school events, teachers can include notes to parents about tests, what homework students may have, or what is being learned in class. Weekly vocabulary words assigned by the LA teachers are also included in the email.

We will communicate through school wide phone calls, emails, text messages, our Facebook page and our website. It is important that you ensure you have current information on file so that we can stay in touch with you.

## **Breakfast Program**

There is a free small breakfast item available for students who need a snack in the Library from 8:15 - 8:30 am. Frequency will be decided in September.

## **School Fees**

School fees are due in September. We have worked hard to keep fees as low as possible and the fees collected have very specific purposes within the school. Students can opt to purchase a yearbook that they will receive in September of the next school year. Some option classes have fees associated and fees need to be paid so students can participate in the classes.

## **Shuttle Bus**

The shuttle bus runs from the Elementary school to the Jr. High each morning and back at the end of the day. Anyone that lives more than 2.4 km from CJHS qualifies for the shuttle bus and will automatically get pass **if parents come to the school and register for one**. Parents can come to the office starting the first day of school and have two weeks to get passes.

If you live less than 2.4 km from the school the Alberta Government has mandated we are not required to provide bussing. Students living within 2.4 km from the school can be placed on a waiting list for passes which will be given on a first come basis 3 weeks after school starts IF there are extra seats left. If you are offered a pass and do not pay quickly your pass will be given to someone else. Cost for these passes are \$60 for 1 student or \$120 for 2+ students.

## **Athletics**

### **Cross Country**

All grades can participate in Cross Country. Cross Country is held in September and practices are after (coach decides days and frequency when they start). Students participate in Divisionals and have the opportunity to advance to Zones.

### **Volleyball**

Volleyball takes place September through October. There are two Grade 7 Volleyball teams and two Grade 8 Volleyball teams (one male and one female). Tryouts will be held the first week of September. These teams are competitive teams and do not guarantee equal playing times. There will be a mandatory parent meeting after teams have been made.

## Option Description - Grade 7 & 8

Band 7-8 (\$25 course fee + \$95 instrument rental fee if you don't have an instrument)

Band 7-8 will take place on 'B' days (Tuesdays & Thursdays) for the entire year. On the 'A' days, students will be invited to join into other option classes as indicated with an \*. By providing practice every other day for the entire school students develop stronger musical ability. It also allows students to experience parts of other option classes (remember - they will only go to half of the other option classes).

If you are interested in taking Band in High School, it is highly recommended that you take Jr. High band.

Come learn to play an instrument and have a lot of fun! (There will be an instrument rental night at the Cardston Jr. High School on May 22nd. If you are signing up for band it would be beneficial to attend this night.)

Baseball/Softball (\$5)

Through discussion and classroom activities, students will acquire a greater understanding of baseball/softball related issues. The majority of the class is spent developing fundamental baseball/softball skills, as well as teamwork, cooperation, and fair play.

Basketball 6-7 (Free)

Improve fundamental basketball skills. Focus on shooting, passing, ball handling, strategy, defense and quickness. This block is intended for more beginner players.

Basketball 7-8 (Free)

Improve fundamental basketball skills in this six-week course. Focus on shooting, passing, ball handling, strategy, defense and quickness. This block is intended for more advanced players.

Beading 7 or Beading 8 (\$5)

Are you fantastic at First Nations beading or wanting to learn how? Come do some challenging projects in this class.

Blackfoot 7 or Blackfoot 8 (Free)

Learn the basics of the Blackfoot Language with a focus on the Blackfoot alphabet's 13 symbols: a, h, i, k, m, n, o, p, s, t, w, y and glottal stop indicated by an apostrophe ('). Other areas of focus will be identifying sounds, pronunciation of names, colors, numbers, greetings, and kinship words. Learning the Blackfoot language creates better communication, bonding, identity, unity and respect within family and others.

Board Games (Free)

Learn skills and strategies to help you win! We will play a variety of games including card games, board games and popular Blackfoot games.

# Option Description - Grade 7 & 8

to help with costumes and during the production parents will need to help with refreshments and supervision. This is a 4 Hexmester course.

## Fancy Shawls (\$25)

Do you want to make a traditional Fancy Shawl? Come learn how and complete one to take home!

## Fancy Skirts (\$20)

Do you want to make a traditional Fancy skirt? Come learn how and complete one to take home!

## Film Studies (Free)

Students will watch, review, and learn to critique various films and film genres. We will watch documentaries, fantasy, based on true stories, animation, etc.

## Financial Literacy (Free)

Want to learn how to get rich and be smart with your money? Learn the power of compound interest, investing, saving and planning for your dreams. Learn how to avoid the pitfalls of interest from loans, credit cards and other traps. Practice these skills with a fun project.

## First Nation Art (\$10)

This class will look at different First Nations art traditions and techniques from around North America. Students will look at both traditional arts and more contemporary arts.

## Fly Tying and Fishing (\$10)

Learn basic entomology and how it ties into fly fishing. We will tie our own flies and go fishing! It is preferable (not mandatory) for student to supply their own fly rod.

## Foods 7- 8 (\$20)

We will learn some intermediate and advanced cooking techniques, proper care and cleaning of equipment and explore basic recipes that can be easily made at home.

## French (\$5)

Learn basic conversational French and a bit about French culture. Our final experience is to run a French restaurant with our class.

## Gardening (\$15)

Students will learn the basics of indoor and outdoor gardening, with a focus on understanding soil types, best growing conditions, nutrients and sunlight requirements, types of plants and much more.

# Option Description - Grade 7 & 8

## Mural Design (Free)

Students will be working on painting a school mural to represent cultures within our school on this project.

## Native Culture 7 or Native Culture 8 (Free)

Learn the Blackfoot culture through stories told by elders, grandparents, and parents. Students will learn about the Medicine Pipe Ceremony, Annual Sun Dance, Pow Wows, Name Giving, Transfer of Headdress / War Bonnet, Transfer of TeePee Design, dancing and drumming.

## Outdoor Ed (\$10) - You can take this class once in your three years at CJHS

Learning about the basics for camping and outdoor survival. Learn to use the right equipment, how to build a shelter, start a fire and tie knots. Learn to rock climb and canoe. There will be an additional cost to attend the outdoor ed field trips.

## Photoshop (Free)

Come take your own photos and then learn how to edit them using photoshop.

## Pickleball/Badminton (Free)

Learn the rules and develop the skills to be the best badminton player, and to take on the exciting new game of pickleball.

## Pop 'n Rock (\$10)

Learn the basic components of the guitar, bass, and drums. Students will work individually or in small groups and perform in a concert at the end of the term.

## Ranch and Farm Skills (Free)

Learn about various feeding approaches, branding, ear-tagging, cattle identification, vaccinating sick cattle, various salts, minerals & lick tubs. Field trips will include a tour of Taurus Salt & a visit to our local vet clinic.

## Science Exploration 7 - 8 (\$15)

Students will explore various areas of science through different hands on activities and experiments which will be decided on as a class.

## Set Design (Free)

Students will help to create sets for our school's annual drama production. We will get a chance to design, construct, and create sets using various materials and mediums.

## Sewing 7 - 8 (\$15)

Learn the basics (and a few more advanced skills) of sewing and complete a project or two.

## Sign Language (Free)

Come learn basic beginner sign language, letters of the alphabet and common signs.