

2023 Westwind Divisional Elementary Track Meet Schedule

Times are Tentative (Arrive early to avoid missing the events!)

TIME	GR. 4 GIRLS	GR. 5 GIRLS	GR. 6 GIRLS	GR. 4 BOYS	GR. 5 BOYS	GR. 6 BOYS
9:00	400 M	LONG JUMP	DISCUS	HIGH JUMP	TRIPLE JUMP	BALL THROW
9:10		400 M				
9:20			400 M			
9:30				400 M		
9:40	LONG JUMP	TRIPLE JUMP	SHOT PUT	BALL THROW	400 M	HIGH JUMP
9:50						400 M
10:00	100 M (H)					
10:10		100 M (H)				
10:20	TRIPLE JUMP	HIGH JUMP	100 M (H)		BALL THROW	SHOT PUT
10:30			LONG JUMP	100 M (H)		
10:40					100 M (H)	
10:50						100 M (H)
11:00		800 M	800 M			TRIPLE JUMP
11:10	HIGH JUMP		BALL THROW	LONG JUMP	800 M	800 M
11:20	200 M					
11:30		200 M				
11:40			200 M			
11:50		BALL THROW	TRIPLE JUMP	200 M	HIGH JUMP	LONG JUMP
12:00					200 M	
12:10						200 M
12:20						
12:25	100 M (F)		HIGH JUMP	TRIPLE JUMP	LONG JUMP	DISCUS
12:30	BALL THROW	100 M (F)				
12:35			100 M (F)			
12:40				100 M (F)		
12:45					100 M (F)	
12:50						100 M (F)
1:00			1500 M			1500 M
1:10						
1:20	4X100 RELAY					
1:25		4X100 RELAY				
1:30			4X100 RELAY			
1:35				4X100 RELAY		
1:40					4X100 RELAY	
1:45						4X100 RELAY
1:50	CLEAN UP!	CLEAN UP!	CLEAN UP!	CLEAN UP!	CLEAN UP!	CLEAN UP!
2:00	CLEAN UP!	CLEAN UP!	CLEAN UP!	CLEAN UP!	CLEAN UP!	CLEAN UP!

High Jump

4B - 9:00

6B - 9:40

5G - 10:20

4G - 11:10

5B - 11:50

6G - 12:25

Long Jump

5G - 9:00

4G - 9:40

6G - 10:30

4B - 11:10

6B - 11:50

5B - 12:25

Triple Jump

5B - 9:00

5G - 9:40

4G - 10:20

6B - 11:00

6G - 11:50

4B - 12:25

Ball Throw

6B - 9:00

4B - 9:40

5B - 10:20

6G - 11:10

5G - 11:50

4G - 12:30

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9:10		400 M				
9:20			400 M			
9:30				400 M		
9:40	LONG JUMP	TRIPLE JUMP	SHOT PUT	BALL THROW	400 M	HIGH JUMP
9:50						400 M
10:00	100 M (H)					
10:10		100 M (H)				
10:20	TRIPLE JUMP	HIGH JUMP	100 M (H)		BALL THROW	SHOT PUT
10:30			LONG JUMP	100 M (H)		
10:40					100 M (H)	
10:50						100 M (H)
11:00		800 M	800 M			TRIPLE JUMP
11:10	HIGH JUMP		BALL THROW	LONG JUMP	800 M	800 M
11:20	200 M					
11:30		200 M				
11:40			200 M			
11:50		BALL THROW	TRIPLE JUMP	200 M	HIGH JUMP	LONG JUMP
12:00					200 M	
12:10						200 M
12:20						
12:25	100 M (F)		HIGH JUMP	TRIPLE JUMP	LONG JUMP	DISCUS
12:30	BALL THROW	100 M (F)				
12:35			100 M (F)			
12:40				100 M (F)		
12:45					100 M (F)	
12:50						100 M (F)
1:00			1500 M			1500 M
1:10						
1:20	4X100 RELAY					
1:25		4X100 RELAY				
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1:35				4X100 RELAY		
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High Jump

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6B - 9:40

5G - 10:20

4G - 11:10

5B - 11:50

6G - 12:25

Long Jump

5G - 9:00

4G - 9:40

6G - 10:30

4B - 11:10

6B - 11:50

5B - 12:25

Triple Jump

5B - 9:00

5G - 9:40

4G - 10:20

6B - 11:00

6G - 11:50

4B - 12:25

Ball Throw

6B - 9:00

4B - 9:40

5B - 10:20

6G - 11:10

5G - 11:50

4G - 12:30

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9:20			400 M			
9:30				400 M		
9:40	LONG JUMP	TRIPLE JUMP	SHOT PUT	BALL THROW	400 M	HIGH JUMP
9:50						400 M
10:00	100 M (H)					
10:10		100 M (H)				
10:20	TRIPLE JUMP	HIGH JUMP	100 M (H)		BALL THROW	SHOT PUT
10:30			LONG JUMP	100 M (H)		
10:40					100 M (H)	
10:50						100 M (H)
11:00		800 M	800 M			TRIPLE JUMP
11:10	HIGH JUMP		BALL THROW	LONG JUMP	800 M	800 M
11:20	200 M					
11:30		200 M				
11:40			200 M			
11:50		BALL THROW	TRIPLE JUMP	200 M	HIGH JUMP	LONG JUMP
12:00					200 M	
12:10						200 M
12:20						
12:25	100 M (F)		HIGH JUMP	TRIPLE JUMP	LONG JUMP	DISCUS
12:30	BALL THROW	100 M (F)				
12:35			100 M (F)			
12:40				100 M (F)		
12:45					100 M (F)	
12:50						100 M (F)
1:00			1500 M			1500 M
1:10						
1:20	4X100 RELAY					
1:25		4X100 RELAY				
1:30			4X100 RELAY			
1:35				4X100 RELAY		
1:40					4X100 RELAY	
1:45						4X100 RELAY
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4B - 11:10

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Triple Jump

5B - 9:00

5G - 9:40

4G - 10:20

6B - 11:00

6G - 11:50

4B - 12:25

Ball Throw

6B - 9:00

4B - 9:40

5B - 10:20

6G - 11:10

5G - 11:50

4G - 12:30